

## **Biography: Univ.-Prof. Dr. med. Ralf-Joachim Schulz**

- Title:** University Professor of Geriatrics
- Profession:** Specialist in Internal Medicine, Geriatric Medicine, Gastroenterology, Nutrition Medicine and Physical Therapy
- Current Positions:** Head of Chair in Geriatrics at the University Cologne  
Head of Department of Clinic for Geriatrics  
Medical Director of St. Marien-Hospital, Cologne  
President of German Association of Geriatrics (DGG)  
Full Board Member of the European Union Geriatric Medicine Society (EUGMS)
- Previous Positions:** Research Fellow of Prof. Reinherz, Department of Immunobiology, Dana-Farber-Cancer-Institute. Harvard Medical School (Boston/USA), scholarship of the Deutsche Forschungsgesellschaft DFG  
Senior Physician at the Evangelische Geriatriezentrum and Charité Berlin  
Head of the Research Group Geriatrics at Charité Berlin
- Research areas:** Nutritional therapy and multimедication in geriatric patients as well as geronohaematology, gerontooncology, palliative medicine, dementia, frailty, sarcopenia, wound healing
- Publications:** 36 scientific publications including > 23 original articles > one scientific book: Koula-Jenik H, Kraft M, Miko M, Schulz RJ (Hrsg.): Leitfaden Ernährungsmedizin, Elsevier. 2005, ISBN: 3-437-56530-3  
Impact Factor 46,388
- Editor / Advisor:** Editor of the Journal of Gerontology and Geriatrics (ZGG)  
Editor of the journal Wound Medicine
- Member:** Scientific Advisory Board The Journal of Palliative Medicine.
- Reviewer:** German Research Foundation (DFG)  
Journal of Nutrition  
German Journal of Gastroenterology  
Gerontology Journal  
Clinical Nutrition
- Funding:** Industry and Charité Berlin by a total of > 500.000 Euro
- Member of scientific associations:** German Association of Geriatrics (DGG),  
European Union Geriatric Medicine Society (EUGMS),  
American Geriatrics Society (AGS),  
American Society of Parenteral and Enteral Nutrition (ASPEN),  
European Society of Parenteral and Enteral Nutrition (ESPEN),  
Aktion Demenz e.V. – Gemeinsam für ein besseres Leben mit Demenz,  
Deutsche Gesellschaft für Ernährungsmedizin (DGEM),  
Gesellschaft für Verdauungs- und Stoffwechselerkrankungen (DGVS),  
Deutsche Gesellschaft für Gastroenterologie u. Hepatologie in Berlin u. Brandenburg e. V.,  
Berufsverband Deutscher Internisten e. V. (BDI),  
Editorial Board Member Journal Wound Medicine

**5 selected publications:**

1. Grond S, **Schulz RJ**: Opioidtherapie bei älteren Patienten. Thieme Praxis Report 2012;4(9):1-12.
2. Röhrig G, **Schulz RJ**: Myelodysplastische Syndrome (MDS) – Diagnostik und Therapie. Geriatrie Journal 2010;3:36-41.
3. Becker R, Moll S, Steinhagen-Thiessen E, **Schulz RJ**: Functional therapy of dysphagia and PEG treatment in a clinical-geriatric setting. Dysphagia. Published online: January 26, 2010.
4. Kurtal H, Schwenger V, Azzaro M, Abdollahnia N, Steinhagen-Thiessen E, Nieczaj R, **Schulz RJ**: Clinical value of automatic reporting of estimated glomerular filtration rate in geriatrics. Gerontol 2009; 55(3):288-295.
5. Hengstermann S, Nieczaj R, Steinhagen-Thiessen E, **Schulz RJ**: Which are the most efficient items of Mini Nutritional Assessment in multimorbid patients? J Nutr Health Aging. 2008;12(2):117-22.

**International multicenter trials**

1. Study title: A phase 2 randomized study to investigate the efficacy and safety of LY2495655 versus placebo in older patients who have fallen recently and have muscle weakness (ongoing)
2. Study title: Effects of nutritional supplementation on physical performance in elderly (closed)
3. Study title: TOAD Trial – Tolerance of A Dysphagia pre-thickened sip feed (closed)