

## Publikationen

2017

Berwig, M.\*, Heinrich, S.\*, **Spahlholz, J.**, Hallensleben, N., Brähler, E. & Gertz, H.-J. (2017). Individualized support for informal caregivers of people with dementia – effectiveness of the German adaptation of REACH II. *BMC Geriatrics*, 17, 286-299.

Jung, F. U. C. E., **Spahlholz, J.**, Hilbert, A., Riedel-Heller, S. G.\*, Luck-Sikorski, C.\* (2017). When stigma weighs you down. Weight-related discrimination and its effect on desired body weight. *Obesity Facts*, 10, 139-151.

2016

**Spahlholz, J.**, Pabst, A., Riedel-Heller, S. G. \* & Luck-Sikorski, C. \* (2016). Coping with perceived weight discrimination: testing a theoretical model for examining the relationship between perceived weight discrimination and depressive symptoms in a representative sample of individuals with obesity. *International journal of obesity*, 40(12), 1915–1921.

**Spahlholz, J.**, Baer, N., König, H.-H., Riedel-Heller, S. G. \* & Luck-Sikorski, C. \* (2016). Obesity and discrimination - a systematic review and meta-analysis of observational studies. *Obesity reviews*, 17(1), 43-55.

Sikorski, C.\*, **Spahlholz, J.\***, Hartlev, M. & Riedel-Heller, S. G. (2016). Weight-based discrimination: An ubiquitous phenomenon? *International journal of obesity*, 40(2), 333–337.

2014

Binkau, S., Berwig, M., **Jänichen, J.** & Gertz, H.-J. (2014) Is the MWT-A Suitable for the Estimation of Premorbid Intelligence Level? Testing on a Consecutive Sample from a Specialized Outpatient Clinic for Dementia. *GeroPsych*, 27 (1), 33–39.

Heinrich, S., Berwig, M., Simon, A., **Jänichen, J.**, Hallensleben, N., Nickel, W., Hinz, A., Brähler, E. & Gertz, H.-J. (2014) German adaptation of the Resources for Enhancing Alzheimer's Caregiver Health II: study protocol of a single-centred, randomized controlled trial. *BMC Geriatrics*, 14(21), 1471-2318.

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